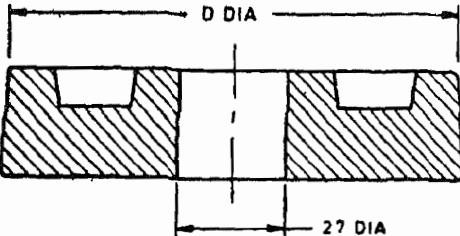
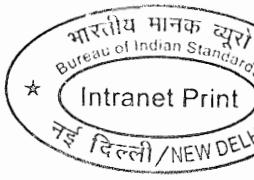


 Indian Standard SPECIFICATION FOR WEIGHT SET, DISC, FOR PHYSIO-THERAPY EXERCISERS OTHER THAN PULLEY ARRANGEMENTS	(Reaffirmed 2012) (Reaffirmed 2017)												
<p>1. Scope — Dimensional and other requirements for disc type weights used with physio-therapy exercisers other than pulley arrangements.</p> <p>2. Shape and Dimensions — As shown in Fig. 1.</p>													
													
	<table border="1"> <thead> <tr> <th style="text-align: left;">Weight, kg</th><th style="text-align: right;">0</th></tr> </thead> <tbody> <tr> <td style="text-align: left;">0.25</td><td style="text-align: right;">70</td></tr> <tr> <td style="text-align: left;">0.50</td><td style="text-align: right;">85</td></tr> <tr> <td style="text-align: left;">1.00</td><td style="text-align: right;">100</td></tr> <tr> <td style="text-align: left;">2.00</td><td style="text-align: right;">115</td></tr> <tr> <td style="text-align: left;">3.00</td><td style="text-align: right;">130</td></tr> </tbody> </table>	Weight, kg	0	0.25	70	0.50	85	1.00	100	2.00	115	3.00	130
Weight, kg	0												
0.25	70												
0.50	85												
1.00	100												
2.00	115												
3.00	130												
	All dimensions in millimetres.												
	FIG. 1 DISC TYPE WEIGHT												
<p>3. Material — Cast iron.</p> <p>4. Weights — Each set shall be supplied with two discs each of 0.25, 0.50, 1.0, 2.0 and 3.0 kg. A tolerance of ± 5 percent shall be allowed on the weight of each disc.</p> <p>5. Workmanship and Finish — The castings shall be sound, clean and free from pits and blow-holes.</p> <p>6. Meriting — Each disc shall be marked with the following in raised letters:</p> <ul style="list-style-type: none"> a) The manufacturer's name, initials or recognized trade-mark; and b) The denomination of the weight, for example, 0.25 kg. <p>6.1 ISI Certification Marking — Details available from the Indian Standards Institution, New Delhi 1.</p> <p>7. Packing — As agreed to between the purchaser and the supplier.</p>													

AMENDMENT NO. 1 AUGUST 1973

TO

**IS : 5796-1970 SPECIFICATION FOR WEIGHT SET.
DISC, FOR PHYSIO-THERAPY EXERCISERS
OTHER THAN PULLEY ARRANGEMENTS**

Alteration

(*Title*) — Substitute the following for the existing title:

' Indian Standard

**SPECIFICATION FOR
DISC TYPE WEIGHT SET FOR PHYSIO-THERAPY
EXERCISERS OTHER THAN PULLEY ARRANGEMENTS'**

(CPDC 20)

Printed at Neelkamal Printers, Delhi 6, India